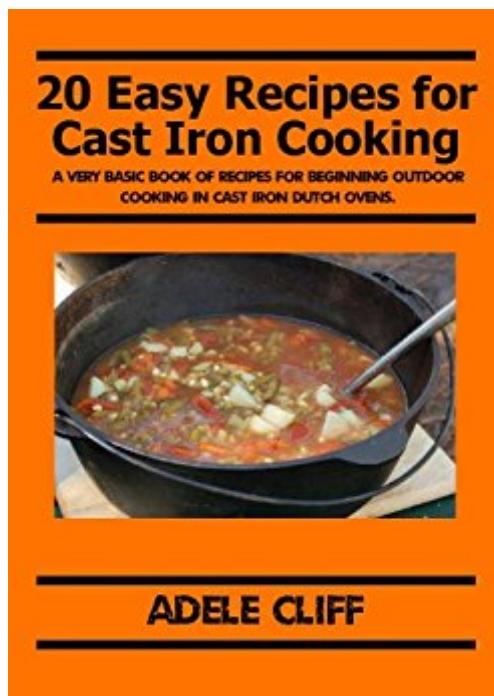


The book was found

# 20 Easy Recipes For Cast Iron Cooking



## **Synopsis**

For everyone who's ever wanted to explore outdoor cooking, here is a beginning guide to cooking in a cast iron Dutch oven over hot coals. The recipes are so simple, even non-cooks can follow them. From Appetizers to Breakfast to Dessert, you will find 20 deliciously easy recipes that somehow taste even better when cooked over an outdoor fire. Order today and prepare to amaze the entire family.

## **Book Information**

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## **Customer Reviews**

While the book has some decent recipes, they are all Dutch oven recipes. Not general cast iron cooking recipes. Yes the Dutch ovens needed for these recipes are cast iron, but there are a lot of other wonderful things you can do with regular cast iron too. I was disappointed none of them were mentioned or discussed.

I have a ton of cast iron pots that I inherited and I have rarely known what to do with them. So.... this book is a really good guide. I like the fact that the recipes are simple, the ingredients easily available, and the directions are easy to follow. I finally know what to do with these cast iron pots!

Yay!

This is mostly just what you expect; one dish meals. They could actually be done in any skillet, but those of us wishing to up our Iron levels, or just not worry about that handle melting in the oven will enjoy the meals made like this. It may be especially good for someone for whom cooking is new. The recipes are easy, without too many ingredients (or weird ingredients) and easy to follow! Enjoy!

The only fault I have with this recipe book is that all of the recipes presume you only use your cast iron pots and pans outdoors. It calls for putting specific numbers of coals under and on the cast iron pot. Doesn't help me in the kitchen where both my wife and I use our cast-iron on and in the stove. I should have perused the book before buying. At the price I got it; I do not feel cheated.

I love the way this table of content is set up. I love the Kung Pao chicken and the sweet and spicy barbecue chicken is fantastic. Also the pot roast with sour cream gravy is out of this world. As for the Asian sesame chicken it is also delicious. Thank you and enjoy your meal and enjoy your day.

I've cooked many of the recipes found within this cookbook. They are easy to make and tasted great. I did make a few changes to the recipes to adjust the dishes to my family's own particularly Texan tastes. But, aside from those few modifications, many of the recipes have become dishes that I regularly make for my family. I give especially high marks to the "Cowboy Beans" recipe, which has become a favorite to all the folks around our household. .

This would be perfect for young campers. This book could easily become a Scouts secret weapon for earning badges. The recipes are easy to follow tasty meals. Few ingredients are needed to make a satisfying meal.

I love cooking with my cast iron cookware and I really appreciated these easy recipes. I have cast iron from my grandmother and it cooks as well today for me as it did for her. I highly recommend cast iron cooking!

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